

# Are You **PREPARED?**



Optimize your immune health with *Judy's* IMMUNE™ and make the uncertainty of daily life a little more predictable!\*

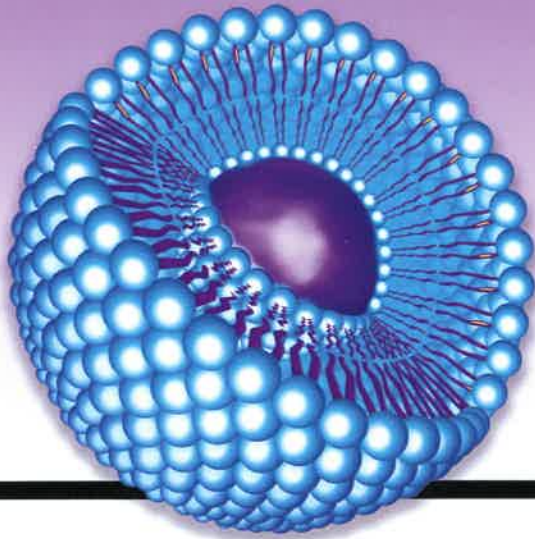
Opening your front door and staring down the **THREAT** of an unseen **ENEMY** can be frightening, even for the healthiest immune system. Take the step to be **PREPARED**—make *Judy's* IMMUNE liposomal part of your daily routine to assist your body's immune system for today's challenging environment.\*

Our superior liposomal, *Judy's* IMMUNE, is formulated with the essential vitamins C and D3, with immune-building minerals magnesium and zinc, and a potent herbal immune blend, all of which support your body's ability to fight against the pathogens and stresses of life.



*Judy's*  
**IMMUNE**  
LIPOSOMAL





# Judy's IMMUNE™

## LIPOSOMAL

Optimize your immune system.

### WHAT IS A LIPOSOME?

A liposome is a tiny lipid bubble delivery system composed of Phosphatidylcholine (PC), the primary component of human cells. This tiny molecule can dramatically increase absorption of vitamins and nutrients to help your body run optimally. The PC surrounds and protects the premium nutrients in *Judy's IMMUNE* as it travels through stomach acid, making our quality nutrients more bioavailable to your body. After the blood delivers the ingredients to the cells, the PC is there to maintain the cell wall.

*Judy's IMMUNE* is designed to support optimal immune function. Supplementing daily with about 1½ teaspoons is a smart start - be prepared.

**Vitamin C** is a powerful antioxidant that supports your body's natural defenses.\*

**Vitamin D3** is essential, and an often overlooked nutrient for immune function. It is estimated that 20% to 80% of men and women in the U.S. are vitamin D3 deficient.<sup>1</sup> Children and adults of color are at a higher risk because of inefficient dermal production of vitamin D3.<sup>2\*</sup>

**Magnesium** supports heart, muscle, and nervous system health; supports normal sleep patterns.\*

**Zinc** helps the immune system maintain normal levels of bacteria and virus populations; is important for proper senses of taste and smell.\*

**Quercetin Dihydrate** is an antioxidant flavonoid; moves zinc from circulation across the cell membrane where it is needed for immune function.<sup>3\*</sup>

**Acerola Berry** is a rich source of vitamin C and antioxidants and supports immune health.\*

**Astragalus Root Extract** is an antioxidant and provides immune support.\*

**Condonopsis Root Extract** is a Chinese Qi tonic herb that supports digestive, respiratory, and immune systems.\*

**Rose Hips Extract** is rich in vitamin C, is an antioxidant, and beneficial to the immune system.\*

**Bai-Zhu (Atractylodes Rhizome Extract)** supports immune health.\*

**Hesperidin Complex (citrus bioflavonoid)** compliments vitamin C function and supports healthy circulatory system.\*

**Chinese Skullcap** is a premier Chinese traditional herb that supports normal inflammation response.\*

**Pau d'arco** supports immune health.\*

**Phosphatidylcholine (from non-GMO sunflower oil extract)** is an essential component and the most abundant phospholipid of human cell membranes.\*

References: 1. <https://pubmed.ncbi.nlm.nih.gov/22323766/> 2. <https://pubmed.ncbi.nlm.nih.gov/23075936/> 3. <https://pubs.acs.org/doi/pdf/10.1021/jf5014633>

Supplement Facts		
Serving Size: 8ml (about 1 ½ teaspoons)	Servings per Bottle: 30	
	Per Serv'g	%DV
Calories	15	
Total Carbohydrate	2	<1%
Vitamin C (as sodium ascorbate, magnesium ascorbate, zinc ascorbate, ascorbic acid)	1000 mg	1111
Vitamin D3 (as cholecalciferol)	100 mcg	500
Magnesium (as magnesium ascorbate)	20 mg	5
Zinc (as zinc ascorbate)	15 mg	135
Sodium (as sodium ascorbate)	120 mg	5
Judy's Immune: quercetin dihydrate, acerola berry extract, astragalus root extract, codonopsis root extract, rose hips extract, bai-zhu atractylodes rhizome extract, hesperidin complex (citrus bioflavonoids), Chinese skullcap root extract, pau d'arco bark extract	375 mg	**
Phosphatidylcholine (from non-GMO sunflower oil extract) glycerine complex	1200 mg	**

\*\*Daily Value not established.

**Other Ingredients:** purified water, natural flavors (plant-derived no MSG or synthetic sweeteners), non-GMO tapioca starch, organic acacia gum, potassium sorbate, hyaluronic acid

**DIRECTIONS:** As a dietary supplement, take one serving (1 ½ tsp) or as directed by your health care provider. Gently shake and use within 45 days of opening for best quality. May refrigerate.

As with any dietary supplement, seek the advice of your medical professional before use, especially if pregnant, nursing, or taking medications regularly.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do not use if seal is missing or broken. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

*"We Don't Do Average™"*

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SOY-FREE



NON-GMO



GLUTEN-FREE

