

Conklin LIFETRACK® Nutrition

# Bone Support™

## Mineral Complex\*

### Benefits\*

- Maintains healthy bone integrity
- Supports healthy calcium metabolism
- Supports hair, skin, and nails

### Feel the Difference



Soy-Free



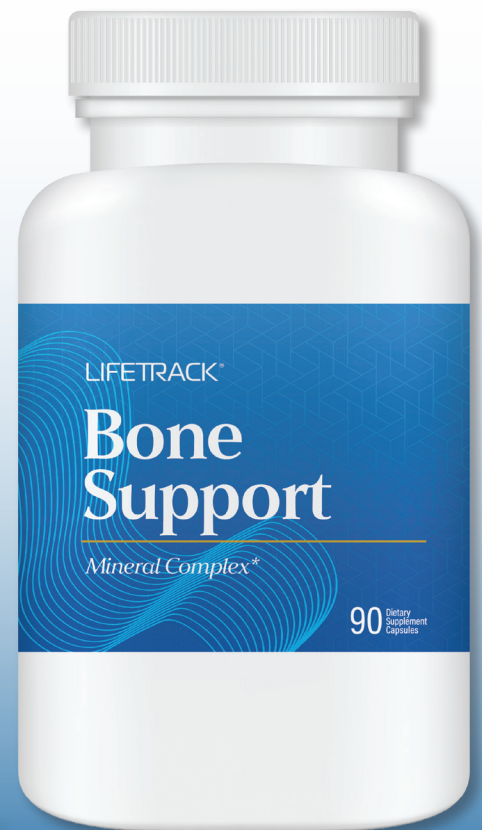
Plant-Based

### Highlights\*

- Provides ideal ratio of calcium to magnesium
- Includes synergistic nutrient blend of vitamin D3, vitamin K2, and boron
- Contains chelated forms of copper, manganese, and silica
- Includes synergistic mineral complex from shilajit extract and alfalfa leaf
- Plant-based and soy-free

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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*Mineral Complex\**

## Recommended Use

As a Dietary Supplement: Take 3 capsules daily with meals or food.

### Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 30

Amount Per Serving	% DV	
Vitamin C (ascorbic acid)	90 mg	100%
Vitamin D3 (as cholecalciferol)	25 mcg	125%
Vitamin K2 (as menaquinone-7 (MK7), menaquinone-4 (MK4))	100 mcg	84%
Calcium (as calcium amino acid chelate, calcium carbonate)	400 mg	31%
Magnesium (as magnesium amino acid chelate, magnesium oxide)	250 mg	60%
Zinc (as zinc amino acid chelate)	5 mg	45%
Copper (as copper amino acid chelate)	0.5 mg	56%
Manganese (as manganese amino acid chelate)	1 mg	43%
Silica (as silica amino acid chelate)	5 mg	**
Boron (as boron citrate)	3 mg	**
<b>Healthy Bones</b> (betaine HCL, shilajit extract, trace mineral complex dried on alfalfa leaf)	175 mg	**

\*\* Daily Value (DV) not established

## Be Your Own Health Advocate

At Conklin, we believe that you know best when it comes to taking care of your health. To learn more we encourage you to research highlighted ingredients.

**CONKLIN**®

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