

Conklin LIFETRACK® Nutrition

Her Defense™

Womens Vitality Tonic*

Benefits*

- Maintains healthy female hormonal balance
- Supports healthy urinary tract balance
- Assists healthy methylation process
- Maintains natural detoxification process

Feel the Difference



Soy-Free



Plant-Based

Highlights*

- Includes synergistic botanical blend of chaste tree berry extract, cranberry extract, and milk thistle extract
- Provides methylated forms of folate, vitamins B12 and B6
- Contains the amino acids N-acetylcysteine and L-glycine
- Includes bioavailable magnesium amino acid chelate
- Plant-based and soy-free

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Order Today!
ConklinLifetrackNutrition.com



Conklin LIFETRACK® Nutrition

Her Defense™

Womens Vitality Tonic

Recommended Use

As a Dietary Supplement: Take 3 capsules daily with or without food. Consult your healthcare provider before using this product, especially if you are pregnant, nursing, take any medication regularly, or are under medical supervision.

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

Amount Per Serving		% Daily Value
Vitamin D3 (as cholecalciferol)	25 mcg	125%
Vitamin B6 (as Pyridoxal-5 phosphate (co-enzyme vitamin B6))	10 mg	588%
Folate (210 mcg folic acid)(as L-5 methyltetrahydrofolate calcium salt)	350 mcg DFE	88%
Vitamin B12 (as methylcobalamin)	250 mcg	10417%
Magnesium (as magnesium bis-glycinate, magnesium amino acid chelate)	75 mg	18%
N-acetyl cysteine (NAC)		
	300 mg	**
Glycine (as magnesium bis-glycinate)		
	300 mg	**
Women's Vitality Blend:		
Cranberry fruit, d-mannose, chaste tree berry extract (vitexin & vitexcarpin flavonoids source), artichoke leaf extract, milk thistle seed extract, dong quai root extract, magnolia bark extract, butterbur root extract (source of natural petasins, PA free), lemon balm leaf extract	1225 mg	**

**Daily Value not established.

Be Your Own Health Advocate

At Conklin, we believe that you know best when it comes to taking care of your health. To learn more we encourage you to research highlighted ingredients.



For more information:

Hampton Young

Product Specialist

LIFETRACK Nutrition Products

Phone: (952) 496-4285

hampton.young@conklin.com