

LIFETRACK® Multi-Vitamin & Mineral Supplement



LIFETRACK MULTI-VITAMIN & MINERAL SUPPLEMENT

Daily Nutritional Support

- 23 Essential Vitamins & Minerals in bio-Available Form
- Supports GI & Immune Systems
- Aids Mental Focus & Mood
- Antioxidant & Inflammatory Support

Be Your Own Health Advocate

At Conklin, we believe that you know best when it comes to taking care of yourself. We encourage you to further your research by searching for these key words: Multi-Vitamin & Mineral Supplements.



These Statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Lifetrack® Multi-Vitamin & Mineral Supplement



For Your Information

USAGE

Essential Nutrition	Adult Health Maintenance	Adult Health Challenges	Children (ages 0-3)	Children (ages 4-9)	Children (ages 10-17)
Life Track Multi-Vitamin & Mineral Supplement	1 capsule 3 times daily with food	3-4 capsules daily with food	N/A	1 capsule daily with food	2-3 capsules times daily with food

As a Dietary Supplement: Take three capsules per day with food (one with each meal) or as recommended by your healthcare professional.

SUPPLEMENT FACTS

1 Capsule Contains:					
Amount Per Serving	Units	% DV	Amount Per Serving	Units	% DV
Vitamin A (as vitamin A palmitate)	450 mcg RAE	50%	Manganese (as manganese amino acid chelate)	0.6 mg	26%
Vitamin C (as ascorbic acid, magnesium ascorbate)	100 mg	111%	Chromium (as chromium picolinate)	40 mcg	114%
Vitamin D3 (as cholecalciferol)	10 mcg	50%	Molybdenum (as molybdenum amino acid chelate)	20 mcg	44%
Vitamin E (as d-alpha tocopheryl succinate)	14 mg	93%	Activation Factors*	135 mg	**
Thiamin (Vitamin B1)(as thiamin HCL)	5 mg	417%	Rice bran (stabilized), citrus bioflavonoids, rose hips, green tea extract 50% polyphenols (green tea extract, maltodextrin), marigold flower extract (source of lutein), Boron amino acid chelate, rutin, quercetin dihydrate, kelp, jerusalem artichoke, hesperidin complex, Tocotrienols Complex (palm oil derived) lycopene extract (tomato), Vanadium krebs cycle chelate		
Riboflavin (Vitamin B2)(as riboflavin, riboflavin-5-phosphate (co-enzyme B2))	5 mg	385%	Clear Mind*	115 mg	**
Niacin (as niacinamide)	30 mg NE	188%	GABA (gamma aminobutyric acid), Inositol, L-Threonine, L-Tryptophan, chamomile flower extract (maltodextrin), ginkgo leaf extract (24% flavone glycosides, 6% terpene lactones)		
Vitamin B6 (as pyridoxine HCL, pyridoxine-5-phosphate (co-enzyme B6))	10 mg	588%	Multizyme*	60 mg	**
Folate (as L-5-methyltetrahydrofolate)	334 mcg DFE	84%	Plant enzymes (amylase 23,500 SKB, protease 58,000 HUT, lipase I & II 1,100 LU, hemicellulase 1,560 HCU, Lactase 1,155 FCC), serra peptase (enteric coated), fermented green papaya		
Vitamin B12 (as methylcobalamin)	150 mcg	6250%	Sod Complement	80 mg	**
Biotin	500 mcg	1667%	Organic: (carrot root, kale leaf, cabbage leaf, parsley leaf, fennel seed, spinach leaf, beet root, broccoli), organic barley grass juice, N-Acetyl Cysteine, lipoic acid, organic alfalfa leaf		
Pantothenic acid (as calcium pantothenate)	35 mg	700%			
Choline (as choline bitartrate)	14 mg	3%			
Calcium (as calcium citrate, calcium carbonate, calcium pantothenate)	30 mg	2%			
Magnesium (as magnesium oxide, magnesium ascorbate)	45 mg	11%			
Zinc (as zinc citrate)	3.5 mg	32%			
Selenium (as selenomethionine)	175 mcg	32%			
Copper (as copper amino acid chelate)	0.3 mg	33%			

**Daily Value not established.



Does not contain artificial colors, preservatives, yeast, wheat, corn, dairy, egg, starch or unnecessary additives.

