

LIFETRACK® BASICS



LIFETRACK Basics – Convenient Stick Packs So good, children will ask for more!

- 16 Vitamins & Minerals in Bio-Available Form
- Probiotic Blend Supports GI Balance
- Neuro-Tonin Blend Supports Attention, & Focus
- Powdered Formula Tastes Great & Mixes Easily

BE YOUR OWN HEALTH ADVOCATE

At Conklin, we believe that you know best when it comes to taking care of yourself, and how important it is to gather information to further your quest for good health. We encourage you to further your research by searching for these key words: Choline, GABA, Tyrosine Brown Rice Glycoproteins, Quercetin & L-Glutamine.

These Statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

“Lifetrack® Basics is an easy to carry, complete great tasting multi-vitamin nutritional formula for both children (and adults) that packs a wide spectrum of brain, digestion, and immune support. In this fast, stressful world, the Conklin Lifetrack Basics mobile supplement innovation makes it easier to ensure that your body gets the critical nutritional ingredients needed to keep you thinking and feeling well.”

- Robert D. Milne, M.D.⁺



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For Your Information

Usage

Essential Nutrition	Children 4-12	Age 12 and over	Adult Health Maintenance	Adult Health Challenges
LIFETRACK® Basics	Add 1/2 packet to food or beverage daily	Add 1 packet to food or beverage daily	Add 1 packet to food or beverage daily	Add 1-2 packets to food or beverage daily

Supplement Facts

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Serving Size 1 Stick Pack		Servings Per Container 30	
	Amount Per Serving	% DV	
Calories	45		
Carbohydrates	9 gm	3	
Sugars	4 gm		
Protein	1 gm	<2	
Fiber	1 gm	3	
Ingredient Name	Yield	Units	% DV
Vitamin A (palmitate (60%), beta-carotene (40%))	5000	iu	100
Vitamin C (ascorbic acid)	60	mg	100
Vitamin D (cholecalciferol beadlets, vitamin D3)	500	iu	125
Vitamin E (d-alpha tocopheryl acetate)	30	iu	100
Thiamin (thiamin HCL)	1.5	mg	100
Riboflavin (riboflavin, riboflavin-5-phosphate (co-enzyme B2))	1.7	mg	100
Niacin (niacinamide)	20	mg	100
Vitamin B6 (pyridoxine HCL, pyridoxal-5-phosphate (co-enzyme B6))	3	mg	150
Folic acid	400	mcg	100
Vitamin B12 (methylcobalamin)	100	mcg	1667
Biotin	600	mcg	200
Pantothenic acid (calcium pantothenate)	10	mg	100
Calcium (carbonate)	30	mg	3
Iodine (potassium iodide)	150	mcg	100
Magnesium (oxide)	60	mg	15
Zinc (citrate)	75	mg	50
Neuro-Tonin	465	mg	**
Choline bitartrate, L-tyrosine, n-acetyl carnitine, inositol, L-tryptophan, GABA (GammaAminoButyricAcid).			
Gut Integrity	2850	mg	**
Organic glycoprotein blend (organic brown rice flour, organic short grain rice flour, organic fragrant rice flour), kale, beet juice, Fruitful Berries (pineapple juice, mango fruit, papaya juice, carrot juice, strawberry juice, black currant juice, orange juice, plum juice, raspberry juice, cherry juice, blueberry juice, pomegranate juice, apple juice, banana, watermelon juice, grapefruit juice, mangosteen fruit), n-acetyl-d-glucosamine (crustacean), L-glutamine, blueberry fruit, sunflower lecithin (non GMO), rose hips, zucchini, organic parsley leaf, ribose-polysaccharide complex, tart cherry, ashwaganda extract, organic cabbage, chamomile flower, ligusticum extract, quercetin dihydrate, ginkgo leaf extract 24% flavone glycosides 6% terpene lactones, gotu kola extract.			
Prebiotic Incubator	2000	mg	**
Prebiotic soluble tapioca fiber, apple, marshmallow root, inulin, fermented green papaya, Jerusalem artichoke, apple pectin, chicory root, kudzu vine root.			
Probiotic Blend	75.5	mg	**
Bifidobacterium bifidum, Bifidobacterium longum, Bifidobacterium breve, Lactobacillus acidophilus, Lactobacillus rhamnosus, Lactobacillus casei, Lactobacillus plantarum, Lactobacillus bulgaricus, Lactobacillus salivarius.			
Other Ingredients: Organic evaporated cane juice, natural citrus and cherry flavor, citric acid, gum arabic, xanthan gum, lo han guo extract, stevia leaf extract.			

**daily value not established. %DV Based on 2000 Calorie Diet.

