

His & Her Defense™ Next Generation



His & Her formulas for your daily health protection – and a great source of Omega 3!

HIS DEFENSE NEXT GENERATION

- Supports Prostate Health
- Hormone Balance
- Liver Support
- Provides Vitamin's A, D3, & Zinc
- Protects Cardiovascular System

HER DEFENSE NEXT GENERATION

- Supports Urinary Tract Health
- Hormone Balance
- Liver Support
- Provides Vitamin's A, B6, D3, & Iodine
- Protects Cardiovascular System

BE YOUR OWN HEALTH ADVOCATE

At Conklin, we believe that you know best when it comes to taking care of yourself, and how important it is to gather information to further your quest for good health. We encourage you to further your research by searching for these key words: Hawthorn Berry, Chase Tree Berry, Cranberry, Saw Palmetto & Milk Thistle.

These Statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



His & Her Defense™ Next Generation



For Your Information

USAGE

Essential Nutrition	Adult Health Maintenance	Adult Health Challenges	Children (ages 0-3)	Children (ages 4-9)	Children (ages 10+)
His Defense Next Generation	2 capsules daily with or without food	4 capsules daily with or without food	N/A	1 capsule daily with or without food	1 to 2 capsules daily with or without food
Her Defense Next Generation	2 capsules daily with or without food	4 capsules daily with or without food	N/A	1 capsule daily with or without food	1 or 2 capsules daily with or without food

As a Dietary Supplement: Take two capsules daily with or without food.

SUPPLEMENT FACTS - HIS DEFENSE NEXT GENERATION

2 Capsules Contain:			
Amount Per Serving	Units	% Daily Value	
Vitamin A (as Beta-carotene)	375 mcg RAE	42	
Vitamin C (as magnesium ascorbate)	60 mg	67	
Vitamin D3 (as cholecalciferol)	20 mcg	100	
Vitamin K1 (as phytonadione)	80 mcg	67	
Vitamin B6 (as pyridoxine HCL)	10 mg	588	
Iodine (as potassium iodide)	500 mcg	333	
Zinc (as zinc citrate)	15 mg	136	
Essential Lipids* DHA algal complex (175% DHA omega 3, 9% DPA omega 6), tapioca maltodextrin, silicon dioxide) Tocotrienols Complex (palm oil derived), phytosterols	85 mg	**	
Heart & Energy* spirulina, organic barley grass juice, rhodiola rosea root extract, dong quai root, poria mushroom, hawthorn berry extract, Potassium (as potassium aspartate) codonopsis root extract, jujube fruit extract, silk tree bark, Chinese peony flower extract, ligusticum root extract, N-Acetyl Cysteine, L-Taurine, biota seed extract, lily turf root, bupleurum extract, fo ti rhizome extract (he shou wu), dwarf morning glory root extract	585 mg	**	
Prostate Support* saw palmetto berry extract, pygeum root extract, milk thistle seed extract (80% silymarin), boswellia gum-resin extract, lycopene extract (tomato), white willow bark extract, bromelain 2000 gdu/gr, plant enzymes (amylase 23,500 SKB, protease 58,000 HUT, lipase I & II 1,100 LU, hemicellulase 1,560 HCU, Lactase 1,155 FCC), L-Alanine, L-Glycine, nettle root pwd, nettle leaf, papain 40,000 FCC/mg	555 mg	**	

**Daily Value not established



SUPPLEMENT FACTS - HER DEFENSE NEXT GENERATION

2 Capsules Contain:			
Amount Per Serving	Units	% Daily Value	
Vitamin C (as magnesium ascorbate)	60 mg	67	
Vitamin K1 (as phytonadione)	80 mcg	67	
Vitamin B6 (as pyridoxine HCL)	14 mg	824	
Folate (as L-5-methyltetrahydrofolate)	667 mcg DFE	167	
Vitamin B12 (as methylcobalamin)	70 mcg	2917	
Iodine (as potassium iodide)	75 mcg	50	
Zinc (as zinc citrate)	8 mg	73	
Essential Lipids* (DHA algal complex (DHA Omega 3, DPA Omega 6 source), Tocotrienols Complex (palm oil derived), phytosterols)	85 mg	**	
Heart - Circulation* (spirulina, organic barley grass juice, hawthorn berry extract, butterbur root extract (natural petasins, pa free))	300 mg	**	
Hormonal Support* (milk thistle extract, chaste tree berry extract (vitexin & vitexecarpin flavonoids source), magnolia bark extract, dong quai root extract, jujube fruit extract, fennel seed, hops flower, lemon balm leaf, chamomile flower extract)	300 mg	**	
Urinary Tract Support* (d-mannose, cranberry fruit, rice, raspberry juice)	580 mg	**	

**Daily Value not established

